



University of Central Punjab, Lahore

Faculty of Humanities & Social Sciences (FHSS) - 2024

▪ Journal Publications (January-December, 2024)

| Sr. No. | Faculty Member's Name | Publication Title | Journal | Category | Impact Factor | Year |
|---------|-----------------------|--|---|----------|-------------------|------|
| 1. | Dr. Bushra Naz | PSYCHOLOGICAL DISTRESS, RESILIENCE AND ACADEMIC ACHIEVEMENT AMONG SCHOOL STUDENT AFTER THE SECOND YEAR OF COVID-19 | Journal of Research & Reviews in Social Sciences Pakistan (2617-5029) | Y | Non-Impact Factor | 2024 |
| 2. | Dr. Bushra Naz | ADAPTATION AND VALIDATION OF THE COMPI COPING-STRATEGY SCALE FOR INFERTILE MEN AND WOMEN | Journal of Population Therapeutics and Clinical Pharmacology | X | Non-Impact Factor | 2024 |

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| 3. | Dr. Bushra Naz | PSYCHOLOGICAL DISTRESS AND PROFESSIONAL COMPETENCY AMONG MEDICAL PROFESSIONALS: THE MEDIATING ROLE OF WORK MOTIVATION | Journal of Population Therapeutics and Clinical Pharmacology | X | Non-Impact Factor | 2024 |
| 4. | Dr. Sawaira Rashid & Dr. Abdul Mateen Khan | POLITICAL INSTABILITY IN PAKISTAN: AN ANALYTICAL STUDY | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |
| 5. | Dr. Arslan Tariq Rana & Dr. Mohammad Irfan Ali | International Trade and Environmental Degradation: A Developing World Perspective | Global Economics Review (GER) | Y | Non-Impact Factor | 2024 |
| 6. | Dr. Mohammad Irfan Ali | Saudi Arabia's Foreign Policy Under MBS: Transition from Defensive Realism to Offensive Realism (2016-2023) | Global International Relations Review (GIRR) | Y | Non-Impact Factor | 2024 |
| 7. | Dr. Mohammad Irfan Ali | Astro-Politics: US-India Strategic Cooperation in Space and its Implications for China (2000-2024) | Global Regional Review (GRR) | Y | Non-Impact Factor | 2024 |
| 8. | Dr. Mohammad Irfan Ali | Variations in Pakistan's Policy of Neutrality during the Middle Eastern Conflicts | Annals of Human and Social Sciences AHSS | Y | Non-Impact Factor | 2024 |

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| 9. | Dr. Mohammad Irfan Ali | The Impact of Private Television Crime Shows on Youth: Examining the Link Between Media Consumption and Aggressive Behaviour | Global Mass Communication Review (GMCR) | Y | Non-Impact Factor | 2024 |
| 10. | Dr. Mohammad Irfan Ali | Children's Content Exposure and Academic Performance: A Quantitative Study to Explore Parental Perceptions | Global Mass Communication Review (GMCR) | Y | Non-Impact Factor | 2024 |
| 11. | Dr. Mohammad Irfan Ali | Environmental Challenge as a Common Threat Impacting Maritime Security Operations | Global Strategic & Security Studies Review (GSSSR) | Y | Non-Impact Factor | 2024 |
| 12. | Dr. Arslan Tariq Rana & Dr Waheed Khan | Environmental Policy and CO 2 Emissions: A Study of South Asian Countries | Journal of Applied Research and Multidisciplinary Studies | Y | Non-Impact Factor | 2024 |
| 13. | Dr. Arslan Tariq Rana | Social Clauses in Free Trade Agreements: An Efficient Tool to Improve Labour Standards? | World Economy | W | 2.6 | 2024 |
| 14. | Dr. Arslan Tariq Rana & Dr Waheed Khan | Impact of Tariff and NonTariff Barriers on Pakistan's Exports: Accounting for Product Heterogeneity | Global Economics Review | Y | Non-Impact Factor | 2024 |

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| 15. | Dr. Arslan Tariq Rana & Dr Muhammad Ilyas Ansari | Impact of Entrepreneurship on Exports in Developing Countries | Global Management Sciences Review | Y | Non-Impact Factor | 2024 |
| 16. | Dr. Arslan Tariq Rana | Trade agreements and CO2 emissions in Asian countries: accounting for institutional heterogeneity | Environmental Science and Pollution Research | W | Non-Impact Factor | 2024 |
| 17. | Dr. Muhammad Irfan Ali & Dr. Waheed Khan | Variations in Pakistan's Policy of Neutrality during the Middle Eastern Conflicts | Annals of Human and Social Sciences AHSS | Y | Non-Impact Factor | 2024 |
| 18. | Dr. Alia Asmat | Unseen Heroes: Exploring the Impact of Schizophrenia Caregiving on Families | Journal of Evaluation in Clinical Practice | W | 2.1 | 2024 |
| 19. | Dr. Alia Asmat | Stigma, caregiver burden, and expressed emotions: the moderating role of self-compassion in caregivers of substance use disorder | JPMA. The Journal of the Pakistan Medical Association | X | 0.8 | 2024 |
| 20. | Dr. Alia Asmat | Exploring the role of personality traits as mediators of mental health in Pakistani commuters | JPMA. The Journal of the Pakistan Medical Association | X | 0.8 | 2024 |

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| 21. | Dr. Alia Asmat | Beyond bereavement: Identifying risk and protective factors for prolonged grief disorder | Death Studies | W | 2.1 | 2024 |
| 22. | Dr. Alia Asmat | Clinician's perspective about risk and protective factors of substance use: a qualitative exploration | Journal of Substance Use | X | 0.6 | 2024 |
| 23. | Dr. Alia Asmat | Exploration of the initiation of substance use among Pakistani adolescents: a qualitative approach | Journal of Substance Use | X | 0.6 | 2024 |
| 24. | Dr. Muhammad Usman Askari | China's Policy Toward Afghanistan and Its Impact on India | China Quarterly of International Strategic Studies | X | 0.2 | 2024 |
| 25. | Abdul rehman | A Tri-Perspective Analysis of the 1971 Indo-Pak War: Individual State and Systemic Dimensions | Kurdish Studies | W | Non-Impact Factor | 2024 |
| 26. | Abdul rehman | Digital Education Diplomacy and Student Mobility: Trends, and Challenges | Remittances Review | X | Non-Impact Factor | 2024 |

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| 27. | Dr Mohammad Irfan Ali& Abdul rehman | Astro-Politics: US-India Strategic Cooperation in Space and its Implications for China (2000-2024). | Global Regional Review | Y | Non-Impact Factor | 2024 |
| 28. | Abdul rehman & Dr Mohammad Irfan Ali | Environmental Challenge as a Common Threat Impacting Maritime Security Operations | Global Strategic & Security Studies Review | Y | Non-Impact Factor | 2024 |
| 29. | Dr Sawaira Rashid | Pakistan's Strategic Balancing between the United States and China within the Framework of the China-Pakistan Economic Corridor | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |
| 30. | Dr Sawaira Rashid | Climate Change Impacts on Migration, Poverty, and Health Issues in Pakistan: A Comprehensive Analysis | Pakistan Languages and Humanities Review | Y | Non-Impact Factor | 2024 |
| 31. | Dr Sawaira Rashid | Safeguarding Maritime Trade Corridors: The Crucial Role of Infrastructure Development and Port Security Measures | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |
| 32. | Dr Sawaira Rashid | The Indian Ocean: Strategic Significance in Major Powers' Foreign Policies | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |

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| 33. | Dr Humera Akhtar | India 2.0: A strategic transformation from slumber to hyper-nationalism under Modi Regime | Journal of Politics and International Studies | Y | Non-Impact Factor | 2024 |
| 34. | Uzma Ilyas | Social anxiety and psychological distress among polycystic ovarian syndrome patient's in Pakistan | JPMA. The Journal of the Pakistan Medical Association | X | 0.9 | 2024 |
| 35. | Uzma Ilyas | Experiential avoidance, thought suppression, meta- cognition, and body-checking among women during pregnancy and postpartum: Buffering effect of self- compassion | International Journal of Gynecology and Obstetrics | W | 3.8 | 2024 |
| 36. | Uzma Ilyas | Long term effects of childhood trauma and abuse: narrative on functional neurological disorder | JPMA. The Journal of the Pakistan Medical Association | X | 0.9 | 2024 |
| 37. | Amber Baseer & Uzma Ilyas | INFLUENCING FACTOR OF SELF-CONCEALMENT AND ITS IMPACT ON QUALITY OF LIFE IN PATIENTS WITH RHEUMATOID ARTHRITIS | Journal of Population Therapeutics and Clinical Pharmacology | X | Non-Impact Factor | 2024 |
| 38. | Amber Baseer | AN EXPERIMENTAL STUDY: DOES WATCHING A VIDEO CHANGE PERCEPTIONS? | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |

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| 39. | Amber Baseer & Arooj Nazir | ESCAPISM, THE NEED FOR AFFECT AND TRANSPORTATION AS PREDICTORS OF BINGE WATCHING IN UNIVERSITY STUDENTS | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |
| 40. | Amber Baseer | Exploring the Challenges, Coping Strategies and Motivational Factors of Non- Traditional Pakistani University Students | Human Nature Journal of Social Sciences | Y | Non-Impact Factor | 2024 |
| 41. | Arooj Nazir | Relationship of Online Gaming with Self Control, Problem Solving and Social Zapping in Young Adult Gamers | Online Media and Society | Y | Non-Impact Factor | 2024 |
| 42. | Arooj Nazir | The Impact of Culture Shock and Psychological Adjustment on Mental Well-Being in International Students | Pakistan Journal of Humanities and Social Sciences | Y | Non-Impact Factor | 2024 |
| 43. | Maryam Bibi | Being Fair in An Unfair World: Belief in Justice and Corporate Social Responsibility in Rescue 1122 Workers | Pakistan Journal of Humanities and Social Sciences | Y | Non-Impact Factor | 2024 |
| 44. | Maryam Bibi | Cyberbullying, Fear of Missing Out and Self-Perception in Adolescents | Jahan-e-Tahqeeq | Y | Non-Impact Factor | 2024 |

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| 45. | Syeda Ayesha Noor | Stigma, Social Comparison, and Psychological Distress in Type 2 Diabetic Patients | Pakistan Journal of Psychological Research | Y | Non-Impact Factor | 2024 |
| 46. | Syeda Ayesha Noor | INTOLERANCE OF UNCERTAINTY AND MULTIDIMENSIONAL PERFECTIONISM IN INDIVIDUALS WITH OCD: THE MEDIATING ROLE OF SELF-COMPASSION | Journal of Population Therapeutics and Clinical Pharmacology | X | Non-Impact Factor | 2024 |
| 47. | Amber Baseer | Schadenfreude in Working Women of Lahore: A Phenomenological Study | Journal of Professional & Applied Psychology | Y | Non-Impact Factor | 2024 |
| 48. | Ayesha Manzoor | Evaluating the Societal Impact of Climate Change on Mental Health: Heat-Related Stress, Anxiety, and Depression in Vulnerable Populations | Contemporary issues in social sciences and management practices | Y | Non-Impact Factor | 2024 |
| 49. | Maryam Bibi & Arooj Nazir | Perceptions of Married Adults Regarding Extramarital Affairs in Lahore, Pakistan | Human Nature Journal of Social Sciences | Y | Non-Impact Factor | 2024 |
| 50. | Hamid Bilal | MOTIONAL INTELLIGENCE, RESILIENCE AND AGGRESSION IN UNIVERSITY STUDENTS | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |

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| 51. | Hamid Bilal | OSTRACISM AND DEPRESSION AMONG OLDER ADULTS: A CASE OF PUNJAB, PAKISTAN | International Journal of Contemporary Issues in Social Sciences | Y | Non-Impact Factor | 2024 |
| 52. | Arooj Nazir | PSYCHOLOGICAL DISTRESS AND PROFESSIONAL COMPETENCY AMONG MEDICAL PROFESSIONALS: THE MEDIATING ROLE OF WORK MOTIVATION | Journal of Population Therapeutics and Clinical Pharmacology | X | Non-Impact Factor | 2024 |

▪ Conference & Miscellaneous Publications

| Sr. No. | Faculty Member's Name | Paper Title/Book Chapter | Conference Title/Book | Year |
|---------|-----------------------|---|--|------|
| 1. | Arooj Nazir | Oral Presentation 'The Mediating Role of Self Control Between Online Gaming and Social Zapping among Young Adults' at | International Conference on Mental Well Being (ICMWB-24) at Punjab University, Lahore. | 2024 |
| 2. | Arooj Nazir | Oral Presentation 'The Role of Impulsivity, Digital Maturity, and Morality in TikTok Addictive Behavior' | International Conference on Mental Well Being (ICMWB-24) at Punjab University, Lahore. | 2024 |
| 3. | Arooj Nazir | Lived Experiences of Pakistani Queer Males in Mixed Orientation Marriages | 1st International Conference of Psychology (29th to 31st May, 2024) at Forman Christian College, Lahore. | 2024 |

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| 4. | Arooj Nazir | The Nexus between Spiritual well-being, Existential Nihilism & Subclinical Depression among Young Adults | Global Conference on Psychopathology and Rehabilitation GCPR-24 (26th 27th June, 2024) at UCP, Lahore. | 2024 |
| 5. | Arooj Nazir | Hovering Parents, Fretful Partners: Correlation between Helicopter Parenting, Emotional Intelligence, Psychological Inflexibility and Rejection Sensitivity in Romantic Partners | Global Conference on Psychopathology and Rehabilitation GCPR-24 (26th 247th June, 2024) at UCP, Lahore. | 2024 |
| 6. | Arooj Nazir | The Aggressive Humor; Narcissism and Emotional Abuse in Young Adults | Global Conference on Psychopathology and Rehabilitation GCPR-24 (26th 247th June, 2024) at UCP, Lahore. | 2024 |
| 7. | Maryam Bibi | Health Beliefs, Fear of COVID, and Preventive Behaviors in COVID Survivors | Global Conference on Psychopathology & Rehabilitation (GCPR-24) | 2024 |
| 8. | Maryam Bibi | Ludo Star Game Addiction, Social Connectedness and Psychological Well-Being in University Students | Global Conference on Psychopathology & Rehabilitation (GCPR-24) | 2024 |
| 9. | Maryam Bibi | Perceptions of Married Adults Regarding Extramarital Affairs in Lahore, Pakistan | Global Conference on Psychopathology & Rehabilitation (GCPR-24) | 2024 |
| 10. | Dr Noor Hayat | Media guidelines for child sexual abuse reporting in web-based media reporters: A thematic review | 2nd International Media Conference 2024 | 2024 |

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| 11. | Ahsan Tariq Farooqi | Breaking Stereotype of Working Women: Pakistani Female Entrepreneurs Redefining Gender Roles through Social Media Platforms | 2nd International Media Conference : Media Education and Professional practices in the Digital Age: Interdisciplinary reflections and future directions | 2024 |
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